

# ROKE VOLLEYBALL INDOOR COVID-19 PROTOCOLS (V2-20210904)

## 1. All Club Members

- 1.1 All club members will have access to the risk assessment and protocols documents on the club's website.
- 1.2 Attendees should self-assess for symptoms before attending, and will not attend if they have any symptoms. Symptoms include, but are not limited to high temperature, persistent cough, loss of sense of taste or smell; check <https://www.gov.uk/coronavirus> for the latest
- 1.3 If diagnosed with COVID-19, attendees must:
  - Inform NHS
  - Follow government self-isolation guidance – see <https://www.gov.uk/coronavirus>
- 1.4 When traveling to and from sessions, attendees must follow government guidance - see <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>
- 1.5 Attendees must obey government guidance on social distancing before and after events.

## 2. Training & Playing

- 2.1 The balls will be cleaned before and after each session
- 2.2 The balls will be cleaned at least once every hour when in use
- 2.3 Up to three attendees will be assigned to put each net up at the start of a session. Those same attendees must take that net down at the end of the session
- 2.4 Only essential equipment will be used
- 2.5 Attendees should sanitize their hands at breaks in play; attendees should bring their own hand sanitizer
- 2.6 Congratulatory touches with an open hand are not permitted
- 2.7 Social distancing must be maintained outside of technical training exercises and match-play
- 2.8 Personal possessions should be spaced out
- 2.9 Sharing personal equipment is not permitted
- 2.10 Drills will be designed to reduce the likelihood of player contact and to limit face-to-face activities

## 3. Club Protocols

- 3.1 The club will appoint COVID-19 Officers to ensure all club protocols are followed
- 3.2 The club will keep attendance for each event, along with contact details for each club member to fulfill our track-and-trace requirements
- 3.3 Persistent offenders against any of these protocols will be asked to leave and may have their club membership suspended